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What to watch out for

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- Seek:**
Medical help early for persistent symptoms
- Eye:**
White spots in the eye, new squint, blindness, bulging eyeball
- Lump:**
Abdomen and pelvis, head and neck, limbs, testes, glands
- Unexplained:**
Fever, loss of weight and appetite, pallor, fatigue, easy bruising or bleeding
- Aching:**
Bones, joints, back, and easy fractures
- Neurological:**
Change in behaviour, balance, gait and milestones, headaches, enlarging head

Saint Siluan*
Warning Signs

Many children in our country are never diagnosed because their symptoms are not recognised, or they are diagnosed too late for effective treatment.

To help solve this problem, the South African Children's Cancer Study Group has prepared this list of Warning Signs, for distribution to primary health care centres.

CHOC has supported the printing and distribution of posters. They have been adopted by the International Society of Paediatric Oncology (SIOP), for distribution throughout developing countries.

* Saint Siluan was a Russian monk who died on Mount Athos in 1938. He prayed ceaselessly for all humanity.



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